



CHEVY CHASE FOOT & ANKLE LLC

NEW PATIENT INFORMATION FORM

DR. NAVID SADOUGHI, DPM, AACFAS
831 UNIVERSITY BOULEVARD EAST, SUITE 21
SILVER SPRING, MD 20903

TEL: 240-641-8735 FAX:240-641-8740 WWW.DRSADOUGHIPODIATRY.COM

BASIC INFORMATION (PLEASE PRINT)

NAME: _____ FIRST MI LAST		DATE OF BIRTH: ____/____/____ AGE AT VISIT: _____
SEX: <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE <input type="checkbox"/> OTHER: _____	HOME ADDRESS: _____ _____ _____	
SSN#: _____ - _____ - _____	APT #: _____ CITY/STATE: _____ ZIP CODE: _____	

PREFERRED PHONE NUMBER (CHECK ONE):

- HOME PHONE #: (____) _____ - _____
- WORK PHONE #: (____) _____ - _____
- CELL PHONE #: (____) _____ - _____

MAY WE LEAVE A MESSAGE?

- YES NO
YES NO
YES NO
YES NO

E-MAIL: _____@_____

OTHER INFORMATION

RACE: AMERICAN INDIAN ALASKA NATIVE ASIAN BLACK OR AFRICAN AMERICAN NATIVE HAWAIIAN
 WHITE HISPANIC OTHER _____ UNREPORTED/REFUSE TO REPORT

ETHNICITY: _____

PRIMARY LANGUAGE: _____

DO YOU NEED AN INTERPRETOR? Yes No

DO YOU HAVE A LEGAL GUARDIAN OR HEALTHCARE POWER OF ATTORNEY? Yes No

IF YES: NAME: _____ RELATIONSHIP: _____

PHONE #: (____) _____ - _____ DO YOU HAVE AN ADVANCE DIRECTIVE (LIVING WILL)? Yes No

PATIENT NAME: _____

DATE OF BIRTH: ____/____/____

PHARMACY INFORMATION

DO YOU GIVE PERMISSION FOR US TO ACCESS YOUR PRESCRIPTION HISTORY? Yes No

PHARMACY (CHECK ONE):

- CVS
- WALGREENS
- SAFEWAY
- OTHER: _____

ADDRESS: _____ PHONE #: (____) ____ - _____

EMERGENCY CONTACT INFORMATION

EMERGENCY CONTACT: _____ RELATIONSHIP: _____

PHONE #: (____) ____ - _____

PRIMARY CARE DOCTOR: _____

FAX #: (____) ____ - _____ PHONE #: (____) ____ - _____

IS THERE A FAMILY MEMBER OR OTHER PERSON YOU WOULD LIKE FOR US TO SHARE YOUR MEDICAL INFORMATION?

YES NAME(S): _____ No

WHO IS RESPONSIBLE FOR PAYMENT? _____

RELATIONSHIP TO PATIENT? _____

ADDRESS: _____ CITY/STATE: _____ ZIP: _____

PHONE #: (____) ____ - _____

WHO REFERRED YOU TO US?

- PRIMARY CARE PROVIDER (PCP)
- ENDOCRINOLOGIST
- SOCIAL MEDIA
- FRIEND/FAMILY
- OTHER: _____
-

INSURANCE INFORMATION (FOR OFFICE USE ONLY)

PRIMARY INSURANCE COMPANY NAME: _____	SECONDARY INSURANCE COMPANY NAME: _____
COPAY:	COPAY:
DEDUCTIBLE:	DEDUCTIBLE:
COINSURANCE:	COINSURANCE:
DME?	DME?

PATIENT NAME: _____

DATE OF BIRTH: ____/____/____

SOCIAL HISTORY

MARITAL STATUS: SINGLE MARRIED PARTNERED SEPARATED DIVORCED WIDOWED

USE OF ALCOHOL: NEVER NO LONGER USE
 HISTORY OF ALCOHOL ABUSE CURRENT USE RARELY OCCASIONAL MODERATE DAILY

FREQUENCY: AVERAGE _____ DRINKS PER WEEK

USE OF TOBACCO: NEVER QUIT – HOW LONG AGO? _____ SMOKE ____ PACKS/DAY FOR ____ YEARS

USE OF RECREATIONAL DRUGS:

NEVER QUIT – HOW LONG AGO? _____ TYPE _____
FREQUENCY: RARE OCCASIONAL MODERATE DAILY

HOW MUCH ARE YOU ON YOUR FEET DURING THE DAY? 10% 25% 50% 75% 100%

EMPLOYER: _____

OCCUPATION: _____

DO OTHERS DEPEND UPON YOU FOR THEIR CARE? CHILDREN—AGE(S) _____ PET(S)—WHAT KIND? _____
 ELDERLY OR DISABLED FAMILY MEMBER OTHER _____

EXERCISE: NEVER RARE OCCASIONAL WEEKLY SEVERAL TIMES A WEEK DAILY

TYPES OF EXERCISE: _____

FAMILY HISTORY

DO YOU HAVE A FAMILY HISTORY OF: DIABETES: TYPE 1 OR TYPE 2 CANCER HEART DISEASE
 HIGH BLOOD PRESSURE STROKE CORONARY ARTERY DISEASE THYROID DISEASE
 RHEUMATOID ARTHRITIS OTHER _____

MEDICAL HISTORY

ALLERGIES: MEDICATIONS _____
 ANESTHESIA _____
 FOODS _____
 TAPE LATEX SHELLFISH IODINE OTHER _____
 NONE KNOWN

PATIENT NAME: _____

DATE OF BIRTH: ____/____/____

HAVE YOU EVER HAD ANY OF THE FOLLOWING?

ACID REFLUX	Y	N	FIBROMYALGIA	Y	N	NEUROPATHY	Y	N
ANEMIA	Y	N	GOUT	Y	N	OPEN SORES	Y	N
ARTHRITIS	Y	N	HEART ATTACK	Y	N	PNEUMONIA	Y	N
ASTHMA	Y	N	HEART DISEASE/FAILURE	Y	N	POLIO	Y	N
BACK TROUBLE	Y	N	HEPATITIS	Y	N	RHEUMATIC FEVER	Y	N
BLADDER INFECTIONS	Y	N	HIV+/AIDS	Y	N	SICKLE CELL DISEASE	Y	N
ABNORMAL BLEEDING	Y	N	HIGH BLOOD PRESSURE	Y	N	SKIN DISORDER	Y	N
BLOOD CLOTS	Y	N	KIDNEY DISEASE	Y	N	SLEEP APNEA	Y	N
BLOOD TRANSFUSION	Y	N	LIVER DISEASE	Y	N	STOMACH ULCERS	Y	N
BRONCHITIS/EMPHYSEMA	Y	N	LOW BLOOD PRESSURE	Y	N	STROKE	Y	N
CANCER	Y	N	MIGRAINE HEADACHES	Y	N	THYROID DISEASE	Y	N
DIABETES: TYPE 1 OR TYPE 2 (CIRCLE)	Y	N	MITRAL VALVE PROLAPSE	Y	N	TUBERCULOSIS	Y	N
OTHER CONDITIONS:								

PLEASE LIST ALL MEDICATIONS YOU ARE CURRENTLY TAKING (INCLUDE PRESCRIPTIONS, OVER-THE-COUNTER MEDS AND HERBAL SUPPLEMENTS):

NAME	DOSE	HOW OFTEN DO YOU TAKE THIS MEDICATION?
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

PLEASE LIST ALL PRIOR SURGERIES:

TYPE OF SURGERY	DATE
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

PLEASE LIST ALL PRIOR HOSPITALIZATIONS (OTHER THAN FOR SURGERY):

REASON FOR HOSPITALIZATION	DATE
_____	_____
_____	_____
_____	_____
_____	_____

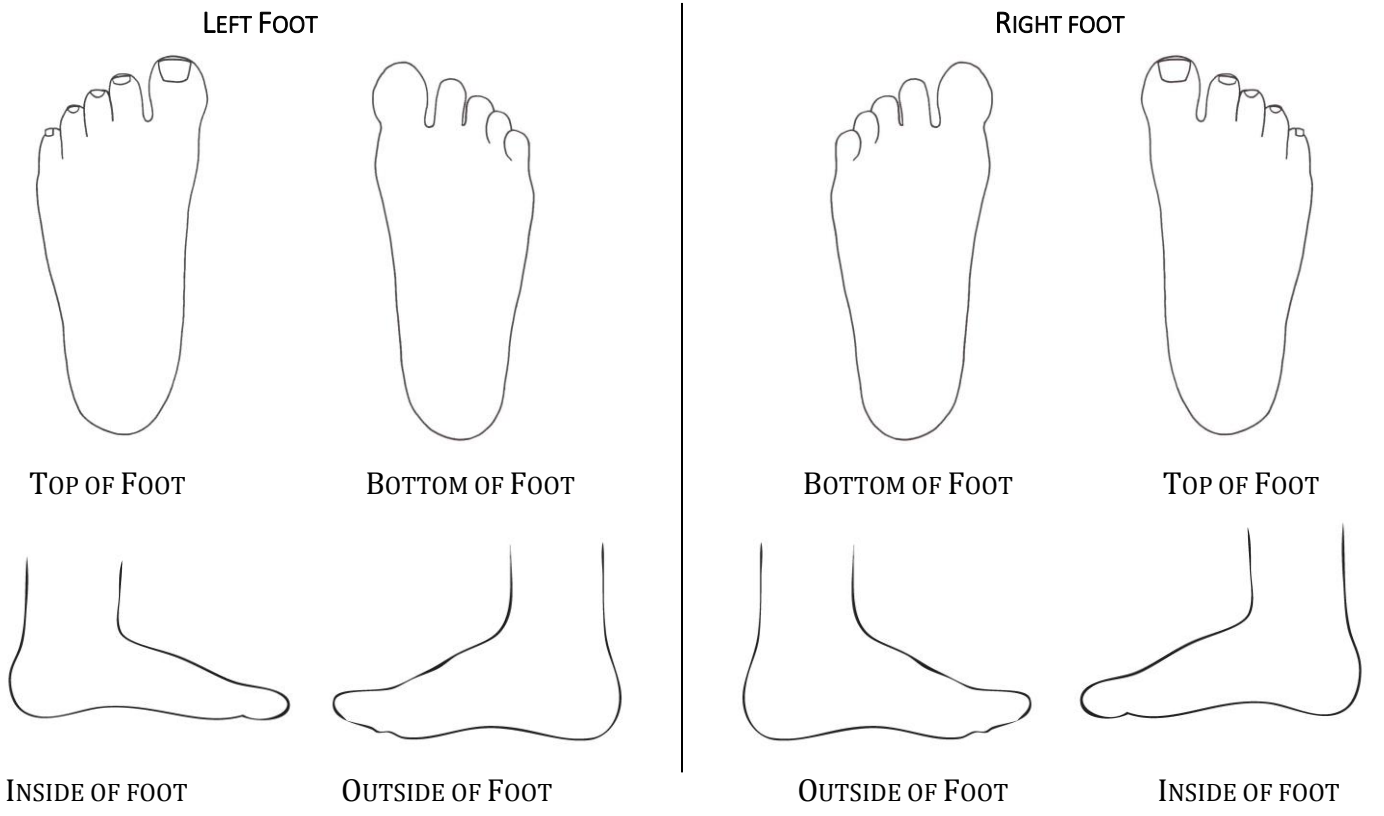
PATIENT NAME: _____

DATE OF BIRTH: ____/____/____

CURRENT PROBLEM

WHAT SPECIFIC PROBLEM BRINGS YOU TO OUR OFFICE TODAY? _____

WHERE IS THE PAIN/PROBLEM LOCATED? PLEASE MARK ON THE PICTURES BELOW.



HOW LONG AGO DID THIS PROBLEM FIRST START? _____ DAYS / WEEKS / MONTHS / YEARS

DID YOUR PAIN OR PROBLEM: BEGIN ALL OF A SUDDEN GRADUALLY DEVELOP OVER TIME

HOW WOULD YOU DESCRIBE YOUR PAIN? NO PAIN SHARP DULL ACHING BURNING
 RADIATING ITCHING STABBING N/A
 OTHER _____

HOW WOULD YOU RATE YOUR PAIN ON A SCALE FROM 0 TO 10? (PLEASE CIRCLE)
(NO PAIN) 0 1 2 3 4 5 6 7 8 9 10 (WORST PAIN POSSIBLE)

SINCE THE TIME YOUR PAIN OR PROBLEM BEGAN, HAS IT: STAYED THE SAME BECOME WORSE IMPROVED

PATIENT NAME: _____

DATE OF BIRTH: ____/____/____

WHAT MAKES YOUR PAIN OR PROBLEM FEEL WORSE?

- WALKING STANDING DAILY ACTIVITIES RESTING DRESS SHOES HIGH HEELS
 FLAT SHOES ANY CLOSED TOE SHOE RUNNING N/A OTHER _____

WHAT MAKES YOUR PAIN OR PROBLEM FEEL BETTER?

WHAT TREATMENTS HAVE YOU HAD FOR THIS PROBLEM? (ICE, COMPRESSION, MEDICATION)

HAS THIS PROBLEM AFFECTED YOUR LIFESTYLE OR ABILITY TO WORK?

- Yes No

WAS THIS PROBLEM CAUSED BY AN INJURY?

- YES (DESCRIBE) _____ No

IF YES, WAS IT A WORK-RELATED INJURY? Yes No

PATIENT CONSENT FOR TREATMENT

TO THE BEST OF MY KNOWLEDGE, I HAVE ANSWERED THE QUESTIONS ON THIS FORM ACCURATELY. I UNDERSTAND THAT PROVIDING INCORRECT INFORMATION CAN BE DANGEROUS TO MY HEALTH. I UNDERSTAND THAT IT IS MY RESPONSIBILITY TO INFORM THE DOCTOR AND OFFICE STAFF OF ANY CHANGES IN MY MEDICAL STATUS.

PRINT NAME OF PATIENT, PARENT OR GUARDIAN

IF OTHER THAN PATIENT, RELATIONSHIP TO PATIENT

SIGNATURE OF PATIENT, PARENT OR GUARDIAN

DATE